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T-SHIRT & APPAREL SLOGAN OPTIONS

CPR & TEAM SETS

Perfect for instructors, AHA teams, BLS classes, or anyone who lives in the land of compressions and rescue breaths. All PG/PG-13 and shirt-friendly. Some may be sold as a team set, while others are individual.

PG-13 Humor & Puns

- "I Keep Hearts Beating"
- "Harder! Faster! Deeper! (It's CPR, Relax.)"
- "I Break Ribs for Good Reasons"
- "Lifesaver Level: Expert"
- "Compressions Are My Cardio"
- "CPR: The Original Second Chance"
- "CPR: Saving Lives One Beat at a Time"
- "I Stay on Beat—Even Without Music!"
- "Be Someone's Reason to Keep Beating"
- "CPR: Push, Breathe, Believe"
- "I'm a Lifesaver (No Candy Required)"
- "Keep Calm and Start Compressions"
- "I Know CPR—What's Your Superpower?"
- "Hands-Only CPR: Everybody Can Be a Hero"
- "Push Hard. Push Fast. Save a Life."
- "Kind Hands Save Hearts"
- "Heart Hero"
- "Nope. Not Today"
- "My Hands Can Save a Life"
- "Heroes Know CPR"
- "I Help Hearts Stay Happy"
- "I've Got the Beat—CPR Style"
- "A Real Heart-Throb (CPR Certified)"
- "I'm Just Here to Keep the Beat Alive"
- "Compressions Are My Jam"
- "CPR: It's a Heart-to-Heart Experience"

Dark Humor

- “Not Today, Flatline”
- “If I’m Here, It’s Already Bad”
- “CPR: Turning Panic Into Sweat”
- “I Bring People Back... Usually”
- “If You Hear Me Say ‘Oh No,’ Start Praying.”
- “CPR: Because People Never Choose Convenient Times to Collapse.”
- “I Break Ribs So You Don’t Break Hearts.”
- “Don’t Die—I Just Clocked In”
- “CPR: Turning Bad Days Into Slightly Less Bad Days.”
- “My Cardio Is Other People’s Emergencies.”
- “Flatlines Keep Me in Business.”
- “If You Think This Is Bad, You Should See My Tuesday Class.”
- “CPR: Where We Beat the Odds... Literally.”

Instructor-Specific

- “I Teach You to Save Lives. Try Not to Panic.”
- “I Fix Mannequins More Than People.”
- “I’ve Seen Every Wrong Way to Do CPR.”
- “Yes, You’re Off the Beat. Again.”
- “Don’t Worry. Annie Breaks All the Time.”
- “Instructor Mode: Judging Silently.”
- “Push Hard. Push Fast. Don’t Apologize.”
- “I Give Feedback Like an AED—Suddenly and Loudly.”

Resuscitation Nation

- “Lifesaver Level: Expert”
- “Compressions Are My Cardio”
- “I Stay on Beat Like a Human Metronome”
- “CPR: The Original Second Chance”

Hands-Only Heroes

- “Hands-Only & Handy”
- “Stop. Drop. Push.”
- “I Save Lives Without Mouth-to-Mouth”
- “Push Hard. Push Fast. Don’t Be Weird.”

CPR Students

- "Certified Lifesaver (Just Ask My Instructor)"
- "Ask Me About My Compressions"
- "I Know CPR—Better Behave"
- "I Don't Panic. I Compress."
- "Official Pulse Finder"
- "CPR: I'm Trained. You're Welcome."
- "Team AED"
- "I Got This Shirt AND a Life Skill"
- "Heart Helper in Training"
- "Learn CPR. Someone You Love Might Need You."

Pediatric-Themed CPR

- "Tiny Patients. Big Skills."
- "Peds CPR: Small Chests, Big Responsibility."
- "I Save Little Lives."
- "Calm Hands. Calm Voice. Big Heart."
- "Pediatric CPR: Because Little Humans Deserve Superheroes."
- "I Know How to Fix 'Uh-Oh' Moments."
- "Kid-Sized Compressions, Full-Sized Commitment."
- "I'm Basically a Toddler EMT."

Instructor Team (Team Set)

- Lead Instructor: "I Teach People to Be Heroes"
- Assistant Instructor: "I Reset the Mannequins"
- CPR Tech: "I Fix the Annie You Broke"
- New Instructor: "I Carry All the AEDs"

Instructor-Specific

- "I Teach Heroes"
- "My Superpower? Teaching You to Save a Life"
- "CPR Instructor: Making the World Safer One Class at a Time"
- "Learn CPR—Your Heart Will Thank You"

AED Squad (Team Set)

- "Clear!"
- "Analyze..."
- "Charging..."
- "Shocking Since Day One"

CPR Team (Team Set)

- “Chest Compressor”
- “Airway Manager”
- “AED Wrangler”
- “Pulse Checker”

CPR Family (Team Set)

- “Chest Compressor”
- “Airway Manager”
- “AED Wrangler”
- “Pulse Checker”

The Compression Crew (Team Set)

- “I Do Compressions”
- “I Count the Beats”
- “I Push Hard & Fast”
- “I Tell You to Switch”

FIRST RESPONDERS

Here are clean, upbeat, kid-friendly, wholesome first-responder T-shirt slogans—perfect for children, family events, school programs, and junior academies.

Firefighter

- “Future Firefighter: Ready to Save the Day!”
- “Sound the Sirens—Here Comes the Little Hero!”
- “Firefighting Is My Superpower!”
- “Tiny but Mighty”
- “Fueled by Courage and Snacks”
- “I’m With the Fire Crew”

EMS/Paramedic

- “Be Kind, Be Brave, Be a Lifesaver!”
- “Future Paramedic: Heart Helper in Training”
- “I’m a Mini Medic!”
- “First Aid? First Grade? I Can Do Both!”

Police/Law Enforcement

- “Junior Peacekeeper on Duty!”
- “Safety is My Super Skill!”
- “I’m With the Good Guys!”
- “Mini Officer, Major Heart”

General Kid-Friendly

- "I Keep the Beat—Like a Heart Hero!"
- "Tiny Hands, Big Heart"
- "Future Lifesaver in Training"
- "Hearts Need Heroes"
- "Learn CPR—Save a Friend!"
- "Heart Helpers Club"
- "Little Hero Academy"
- "Team Save-the-Day!"
- "I'm Brave Like a First Responder"
- "Heroes Wear Helmets, Badges & Big Smiles"
- "Future Everyday Hero"

Adult/Child Sets

- Adult: "Real-Life Hero"
Kid: "Sidekick in Training!"
- Adult: "Firefighter Dad/Mom"
Kid: "Little Spark"
- Adult: "Paramedic Power"
Kid: "Mini Medic"

FAMILY THEMED SETS

Themed around EMT / CPR / First Responder life — fun, family-friendly, and perfect for coordinated outfits at events, station open houses, CPR classes, or photos.

Lifesaver Family (EMT + CPR)

- Mom: "EMS Mom—Powered by Coffee & Compassion"
- Dad: "EMS Dad—Ready to Roll"
- Kid: "Mini Medic"
- Baby: "Future Ambulance Driver (I Like Buttons)"

CPR Family

- Parent 1: "I Teach the Beat"
- Parent 2: "I Keep the Beat"
- Kid: "Future Beat Keeper"
- Baby: "My Heart's in Good Hands"

Ambulance Family

- Adult 1: "I Run the Calls"
- Adult 2: "I Survive the Shift"
- Kid: "I Ride the Drama Wagon"
- Baby: "Beep Beep! Baby on Board"

Heart Hero Family

- Mom: "Heart Hero Mom"
- Dad: "Heart Hero Dad"
- Kid: "Junior Heart Helper"
- Baby: "Little Heartbeat"

First Responder Family

- Mom: "Hero Mom (Off Duty... Maybe)"
- Dad: "Hero Dad (Fueled by Snacks)"
- Kid: "Everyday Hero in Training"
- Baby: "Small But Brave"

Beat Squad

- Parent 1: "I Keep the Rhythm"
- Parent 2: "I Fix the Rhythm"
- Kid: "I Learn the Rhythm"
- Baby: "Thump-Thump Trainee"

EMT Family

- Mom: "Kind Hands Save Lives (EMT Mom)"
- Dad: "Calm Minds Save Lives (EMT Dad)"
- Kid: "Helping Starts at Home"
- Baby: "Future Helper"

Family First Responders

- Adult 1: "First Responder—Helping Others"
- Adult 2: "First Responder Support Team"
- Kid: "Little Everyday Hero"
- Baby: "Born to Help"

BLS, ACLS, PALS , and AED Classes/Training

Themed specifically for BLS, ACLS, PALS, and AED classes. All are class-friendly, fun, and perfect for instructors, students, or training centers.

Basic Life Support

- "BLS: Keeping the Beat Alive"
- "Push Hard. Push Fast. Save a Life."
- "BLS: Where Your Hands Become Superpowers"
- "I Break Ribs (But in a Good Way)"
- "BLS Certified: I Know How to Handle Your Bad Day"
- "BLS: Don't Freeze—Start Compressions"
- "Team BLS: Beat Makers & Life Savers"

Advanced Cardiovascular Life Support

- "ACLS: Because Sometimes Basic Isn't Enough"
- "I Read Rhythms Like a Novel"
- "ACLS Certified: I Shock Things Back to Life"
- "Trust Me—It's an Organized Algorithm"
- "ROSC: My Favorite Four Letters"
- "Epinephrine: Making Meetings Exciting Since Forever"
- "ACLS: I Run Codes Before Coffee"
- "My Happy Place? A Perfect Sinus Rhythm"

Pediatric Advanced Life Support

- "PALS: Small Patients, Big Heroes"
- "Pediatric Lifesaver Mode: ON"
- "Little Hearts, Big Responsibility"
- "PALS Certified: I Save Tiny Humans"
- "I Fix 'Uh-Oh' Moments"
- "Pediatric Codes Don't Scare Me (Much)"
- "Gentle Hands, Brave Heart"
- "PALS: Because Kids Deserve Heroes Too"

AED-Specific

- "Clear! ... I Said CLEAR!"
- "AED: The Shockingly Simple Lifesaver"
- "I Carry the Power to Restart Your Day"
- "Analyze. Charge. Shock. Repeat."
- "AED Trained: Ready to Zap & Save"
- "AED: Because Every Second Counts"
- "I'm With the Shock Squad"
- "Defibrillation Nation"